



**It Is Not the Strongest of the Species that Survives But  
the Most Adaptable**



2  
Learning & development

4  
expertiză



## GABRIEL MUNTEANU

*Fondator & CEO Vector Business Apps / Total Capabilities Center Group*

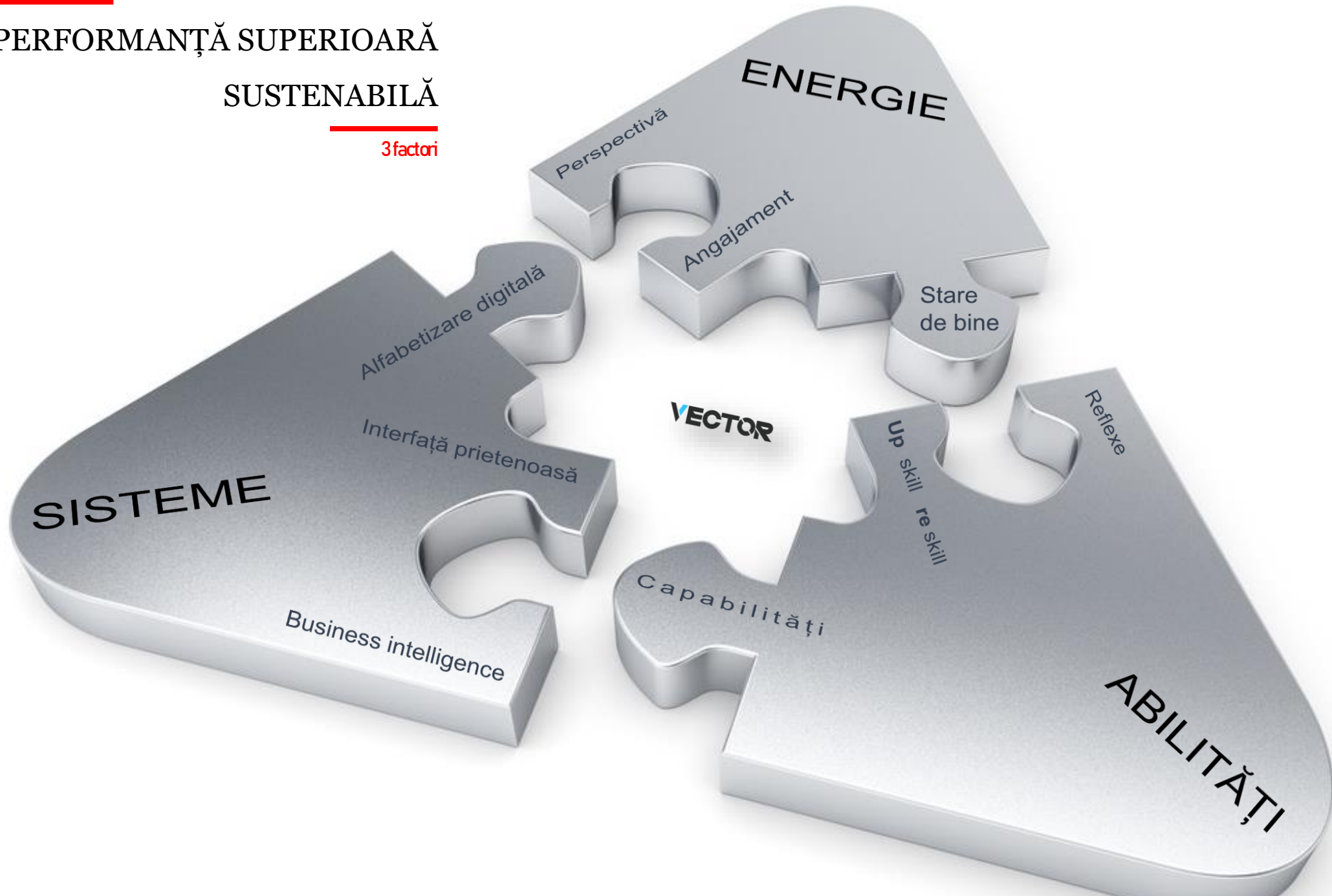
- Peste 700 sesiuni livrate
- Peste 3.600 ore coaching
- Autor & Public speaker

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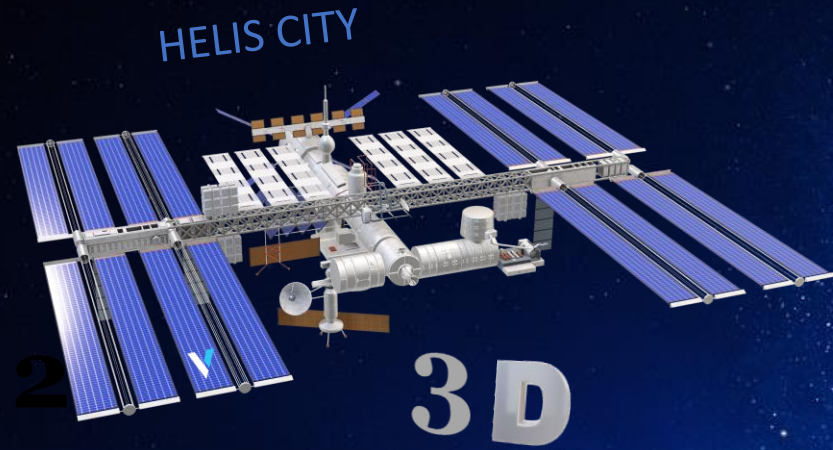
PERFORMANȚĂ SUPERIOARĂ  
SUSTENABILĂ

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3 factori



VECTOR  
MULTISYSTEM PLATFORMS



PERFORMANȚĂ SUPERIOARĂ SUSTENABILĂ



**3D  
LEARNING**



**3D  
WELLBEING**



**3D  
MANAGEMENT**



## HELIS

*your virtual city*

- D1 LEARNING & DEVELOPMENT
- D2 SELF MANAGEMENT
- D3 MANAGEMENT

x

x

**3D SELF MANAGEMENT**



- Mental rehearsal
- Implicit learning



# 3

beneficii

3Dlearning

- Minus 80% costuri – training/dezvoltare abilități
- Timp redus, practicare secvențială
- Impact



- Impact

RETENȚIE



ATENȚIE



ATRACTIVITATE



COMPARED TO TRADITIONAL  
TRAINING METHODE  FACTS

**+230%**

IMPROVEMENTS IN PERFORMANCE

Source: The Bone & Joint Journal  
Over 70 years orthopaedic excellence



- Efectul Wow
- Învățare accelerată
- Angajament crescut
- Ușor și repede

ANGAJAM

NOTA DE EVALUARE

5.9

INCREDERE

PROGRES

1.8

1.9

TEHNICITATE

1.8

PROGRESUL ÎN ÎNSUȘIRILE DE ÎNȚELEGERE

PROGRES	70
PROGRES	75
PROGRES	80

PROGRESUL ÎN ÎNSUȘIRILE DE ÎNȚELEGERE

PROGRES	70
PROGRES	80
PROGRES	90

DETERMINARE

RESILIENTA

ANGAJAM

CONCENTRARE

CREATIVITATE

CULTURA





- Practicare asistată virtual
- Practicare secvențială
- Practicare multi-rol
- Practicare evaluată

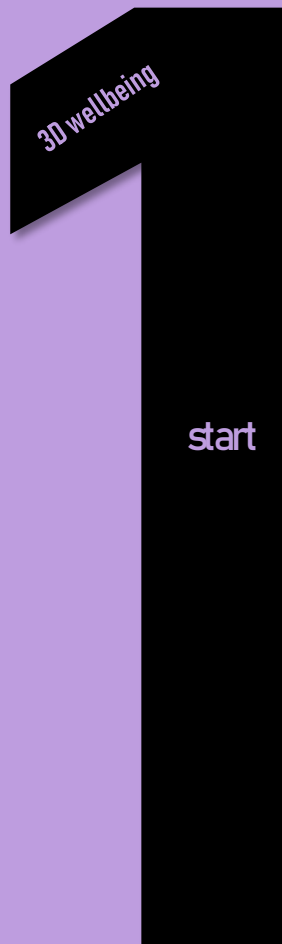
**OBIECTIV**  
**PRACTICAREA**



ALPETA HUB

ALPETA OFFICE

RADU



Multiple studii arată că STAREAMNTALĂ este factorul responsabil de fluctuația performanței tale în proporție de peste 50%

Știm acum că:

- luarea deciziilor de calitate este influențată masiv de starea emoțională
- orice persoană, raționează utilizând emoțiile
- putem facilita gândirea analitică, procesuală și creativă prin intermediul stărilor emoționale

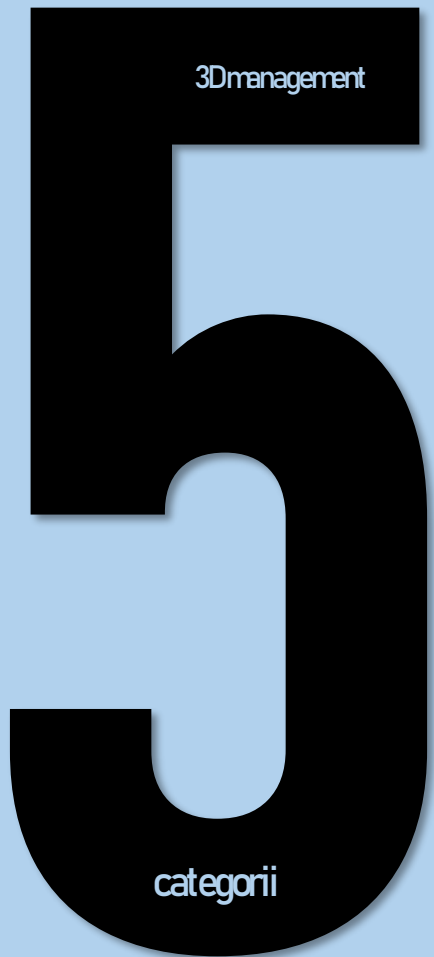






## ÎN MAI PUȚIN DE 5 MINUTE

- Vacanța de 5 minute
- Terapie prin respirație
- Îmbunătățirea eficacității mentale
- Virtual Reality Exposure Therapy (VRET)
- Mindfulness based cognitive therapy



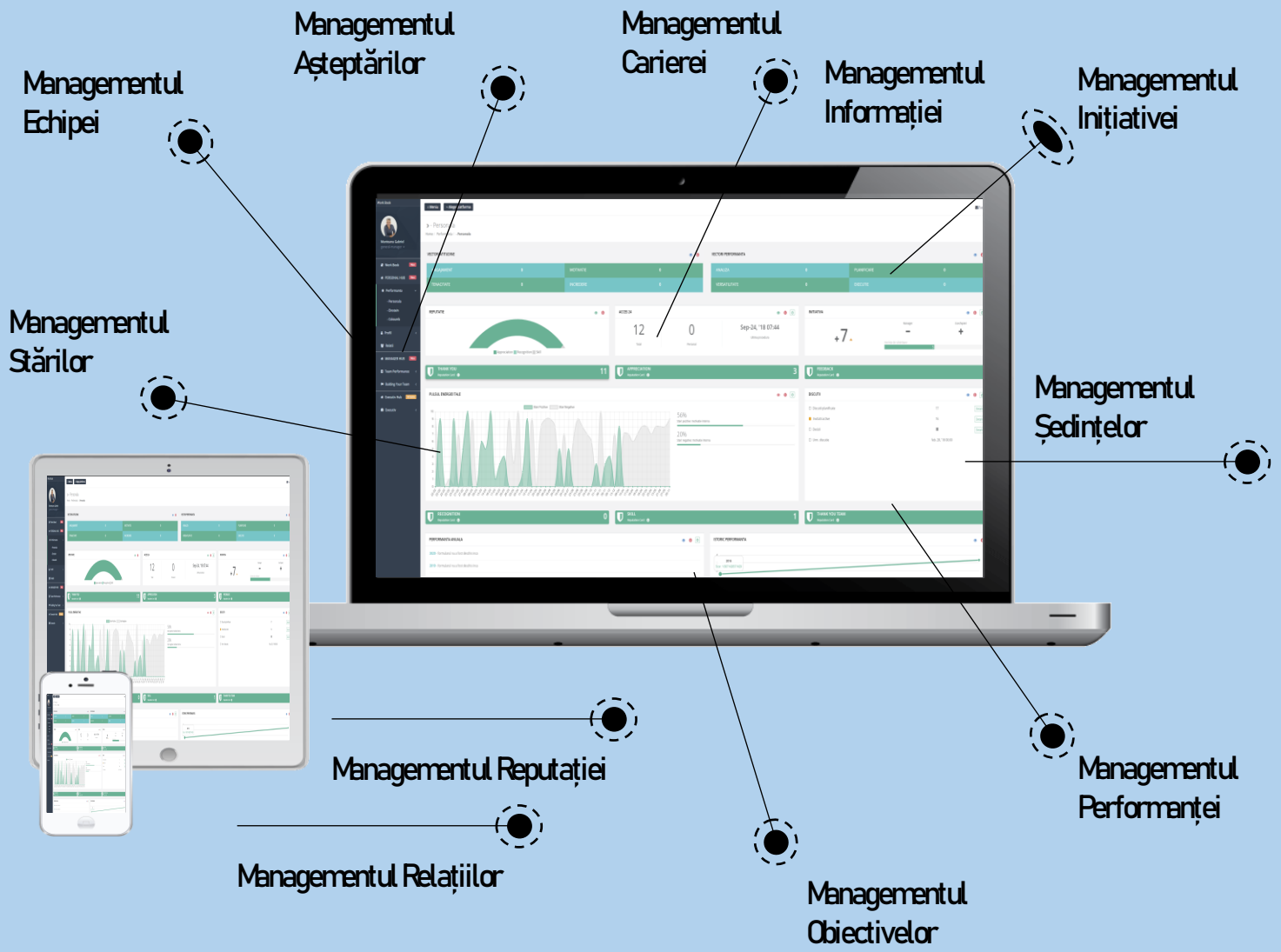
## Categorii de aplicații virtuale

- Productivitate
- Performanță
- Factori de succes (32)
- Relații
- Identitate



# 1 start

# 2 3Dmanagement



**Vector Business Apps**

**Total Capabilities Center**

**In the Human capital dimension of DESI 2019, Finland, Sweden, Luxembourg and Estonia obtained the highest scores. Bulgaria, Romania, Italy and Greece had the lowest ones.**

The Human capital dimension of DESI has two sub-dimensions covering 'internet user skills' and 'advanced skills and development'. The former draws on the European Commission's Digital Skills Indicator, which is computed based on the number and complexity of activities involving the use of digital devices and/or the internet. The latter includes indicators on ICT specialist employment and ICT graduates. According to the latest data, Luxembourg, the Netherlands and Sweden are the top performers in terms of internet user skills, whereas Finland, Sweden and Estonia have the highest scores in advanced skills and development. Bulgaria, Romania, Italy and Greece rank the lowest overall on DESI's Human Capital dimension.

Human Capital indicators in DESI 2019	EU
<b>2a1 At least basic digital skills</b>	<b>57%</b>
% individuals	2017
<b>2a2 Above basic digital skills</b>	<b>31%</b>
% individuals	2017
<b>2a3 At least basic software skills</b>	<b>60%</b>
% individuals	2017
<b>2b1 ICT specialists</b>	<b>3.7%</b>
% total employment	2017
<b>2b2 Female ICT specialists</b>	<b>1.4%</b>
% female employment	2017
<b>2b3 ICT graduates</b>	<b>3.5%</b>
% graduates	2015

